



# FOOD DRIVE



## JUNE 5, 2010

CUPSAW LAKE CLUBHOUSE, RINGWOOD NJ

**Shake The Lake** has partnered with the **Center For Food Action** to host a **food drive** to help local food pantries stock up for the summer season. Drop off will be on Saturday, June 5th from 12 noon to 7:00PM at the Cupsaw Lake Clubhouse, 185 Cupsaw Drive, Ringwood.

### URGENTLY NEEDED ITEMS

- \* Supermarket Gift Cards \*
- \* Low Sugar Cereal \*
- \* Peanut Butter and Jelly \*
- \* Canned Meat and Tuna \*
- \* Macaroni and Cheese \*
- \* Beans-Rice-Soup \*
- \* Canned Pasta \*
- \* Canned Fruits and Vegetables \*
- \* Spaghetti Sauce \*
- \* 100% Juice \*
- \* Diapers size 2, 3 & 4 \*
- \* Infant Formula and Baby Food \*
- \* Ensure Nutritional Drink \*
- \* Dental Hygiene Products \*

PLEASE CHECK  
EXPIRATION DATES!

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If you wish to contribute but are not around on June 5th to drop off, you can leave items at **86 Cupsaw Drive, Ringwood** at any time **from now until June 6th**. Please put donation in paper bag(s) and leave on top front steps or call 201.446.4331 to arrange pick-up. Please pass this note along to family and friends and other local residents.

THANKS! And best wishes for a wonderful summer season.



**Rock-In Summer Camp** Presents **Shake The Lake: Battle Of The Bands**  
June 5, 2010    Cupsaw Lake Clubhouse    [shakethelakeconcerts@gmail.com](mailto:shakethelakeconcerts@gmail.com)

Center for Food Action (CFA) is a non-profit, non-sectarian, agency serving families and individuals in Upper Passaic Valley and Bergen County.

